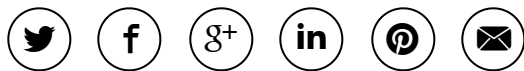


Improve Sagging Jowls Using M.J. Lift - New Treatment to Lift Jowls Created by Dr. Richard E. Buckley of MilfordMD Cosmetic Dermatology Surgery & Laser Center

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Like it or not, aging happens. And sagging jowls are typically one of the first visible signs of aging. To help restore the defined jawlines and facial volume of his patients' youth, Dr. Richard E. Buckley created the M.J.Lift treatment.

MILFORD, PA. (PRWEB) JANUARY 02, 2020

Now that relaxers (i.e. Botox and Dysport) and fillers (i.e. Restylane and Radiesse) have made middle-aged facial wrinkles more a thing of the past, it's jowls we're desperate to be "rid" of and jawlines we're desperate to chisel into perfection. In a recent People Exclusive, the [Kardashian-Jenner's go-to dermatologist](#) even revealed that one of the most popular cosmetic procedures with celebrities right now is jawline contouring. To address the growing request for improving sagging jowls and tightening the jawline, cosmetic surgeon Dr. Richard E. Buckley of MilfordMD Cosmetic Dermatology Surgery & Laser Center created an exclusive new treatment for his practice to address both of those demands.

"The MilfordMD Jowl and Jawline Lift, or M.J. Lift for short, is an innovative treatment that addresses skin laxity two-fold. It improves sagging jowls, tightens the jawline and boosts collagen and elastin production resulting in a more youthful appearance that builds confidence and promotes happiness," states Dr. Buckley.

One of the earliest signs of aging isn't only the forehead lines or other facial lines that many of us commonly associate with aging, it's also the



Cosmetic surgeon Dr. Richard E. Buckley creates exclusive M.J. Lift treatment to address sagging jowls which results in a defined, youthful jawline and restored facial volume.

The MilfordMD Jowl & Jawline Lift, or M.J. Lift for

hollowing under the eyes and decrease in cheek fullness, both of which contribute to a sliding downward of the skin. It's this aging process with decreased facial fullness and volume that creates the appearance of deepening nasolabial folds, marionette lines descending below the corners of the mouth and sagging jowls. The M.J. Lift uses a combination of treatments to lift and tighten the sagging skin while boosting collagen and elastin production to restore volume to the face resulting in a facial structure similar to that of the patient's youth.

"Using micro-liposuction, we can extract the excess jowl fat drooping over the jawline and then process that fat into micro or nano-fat. We then perform an autologous fat transfer (AFT), grafting the fat into the depressed areas in front of and behind the jowls thus helping to straighten the jawline," states Dr. Buckley. "Additionally, if there is enough fat, creases on the face, such as smile lines and marionette lines, can be treated. Next, we use **ThermiTight** radiofrequency energy to tighten the skin. And to promote additional new collagen formation we use mediators of normal body healing such as PRP (platelet rich plasma) and FRP (fibrin rich plasma). I have found that this precise combination of treatments results in the best outcomes for my patients looking improve their sagging jowls and create a more defined jawline and youthful look."

For patients who need further fine sculpting or who have very little of their own fat to work with, Dr. Buckley offers the M.J. Lift Plus which includes the use of facial fillers, such as Radiesse and Restylane, to complete the rejuvenation process. Using Restylane and Radiesse, Dr. Buckley plumps out deep grooves, wrinkles, and hollows thus restoring youthful contours and accentuating the red of the lips. If the patient has an adequate source of fat, either from the jowls or elsewhere, it's great to include the patient's fat to help create the added volume in the face.

"For both the M.J. Lift and M.J. Lift Plus we like to incorporate the natural healing properties of PRP to get optimal results for our patients," says Dr. Buckley. "If one has a cut or a scrape, the stickiness you feel is your platelets beginning the repair process. Placing PRP in the areas being treated and, by definition, where there is inflammation makes good sense and many scientific studies support the validity of its use." According to the article [Platelet rich plasma in dermatology and aesthetic medicine](#), when PRP is injected into a damaged area, it stimulates the tissue, causing mild inflammation that triggers the healing cascade. As a result, new collagen begins to develop. As this collagen matures, it begins to shrink and tightens and strengthens the skin. Improvement in skin texture and tone is noticeable within 3 weeks, with full collagen regeneration in about 3 months.

The M.J. Lift takes about 60 minutes and has no downtime other than some possible bruising which patients should factor in when scheduling the treatment. According to Dr. Buckley, patients who are in good health and have minimal skin laxity and sun damage are the ideal candidates for this exclusive treatment. For patients with significantly sagged skin, to accomplish the significant uplifting of the sagging jowls and jawline, a surgical face and neck lift may be the best option. Patients needing a surgical face and neck lift will almost always benefit from strategic structural volumization with fillers.

Most of the benefits of the M.J. Lift can last many years. For patients who get the M.J. Plus treatment, the Restylane and Radiesse facial filler results may last from one to many years. Patients should consider coming in about once a year to replenish the fillers. "It's important to note that even though this treatment has long-lasting results, aging continues. The good news is that as aging continues one can take additional corrective action and we offer a regular schedule of continued improvement", says Dr. Buckley.

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About [MilfordMD Cosmetic Dermatology Surgery & Laser Center](#):

The MilfordMD Cosmetic Dermatology Surgery & Laser Center offers state-of-the-art highly specialized procedures in laser and cosmetic surgery and aesthetic skin care. In addition to its AAAHC nationally accredited surgical center and extensive laser surgery capabilities, MilfordMD offers physician designed skin care products for home use. Milford Pennsylvania's MilfordMD Cosmetic Dermatology Surgery & Laser Center is sought out by patients from around the world for expertise and innovation in cosmetic treatments performed by Board Certified Physicians, Richard E. Buckley, M.D. and Marina Buckley, M.D.

MilfordMD Cosmetic Dermatology Surgery & Laser Center is located at 303 W. Harford Street, Milford, PA 18337. Tel: (570) 491-1962. For real patient video testimonials, follow MilfordMD on [Instagram](#) and [Facebook](#), and visit our [MilfordMD YouTube channel](#).

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