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MilfordMD Physician Dr. Marina Buckley Shares Why Designer Vaginas (Vaginal Rejuvenation Procedures) Have Increased 51% in the Last 5 Years

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With stars like Teen Mom's Farrah Abraham sharing vaginal rejuvenation procedures on Instagram, it's no wonder why these procedures are soaring in popularity. Dr. Marina Buckley, President of Pocono Medical Care Inc. in Milford, Penn, discusses the growing trend for designer vaginas and one of RealSelf's Most "Worth It" Procedures in 2019 - ThermiVa.

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Teen Mom star Farrah Abraham recently shared her vaginal rejuvenation procedure live on Instagram. "It's no surprise that more women are wanting vaginal rejuvenation procedures," says Dr. Marina Buckley, President of Pocono Medical Care Inc. DBA MilfordMD Cosmetic Dermatology Surgery & Laser Center in Milford, Penn. "As celebrities and social influencers have been more open about their cosmetic procedures, the cultural tide has shifted. There is no longer a stigma around cosmetic treatments, especially ones like vaginal rejuvenation. Interest in vaginal rejuvenation has grown since Khloe Kardashian spoke about it on her show in 2016 and continues to increase as more celebrities, like Farrah Abraham, are willing to share their experiences."

According to the American Society for Aesthetic Plastic Surgery, vaginal rejuvenation is gaining in popularity day by day and is the latest cosmetic trend in the beauty market. "In terms of female rejuvenation, there has always been interest in the face and breasts. It seems only natural that women would discover they could achieve improvements in the signs and symptoms of aging in the genitalia. Fifteen years ago, the term cosmetic gynecology wasn't even around. Now there are surgical and non-surgical options for women to rejuvenate their vagina and reverse the effects of aging and childbirth," states Dr. Buckley.



Interest in designer vaginas has soared thanks to celebrities like the Kardashians. Dr. Marina Buckley discusses the life changing benefits of nonsurgical vaginal rejuvenation treatments at MilfordMD

Fifteen years ago, the term cosmetic At MilfordMD, ThermiVa, a non-invasive vaginal rejuvenation procedure, is now a popular treatment, according to Dr. Buckley. ThermiVa uses targeted, totally comfortable, radiofrequency (RF) energy to stimulate collagen and elastic production and increase blood flow to the vaginal tissues. The regenerative healing response improves laxity, tightens tissues and restores nerve signaling which improves sensation and lubrication.

ThermiVa targets vaginal dryness, urinary leakage, orgasmic dysfunction and improves the appearance of the outer vagina or labia. The in-office procedure only takes 30 minutes and there is zero downtime. Some women see improvements from ThermiVa immediately after treatment, with additional improvements typically noticed in the weeks following each session. For optimal results, most patients will want multiple treatments during a three-month period.

"ThermiVa is often very effective for women who experience urinary leakage when sneezing or loss of moisture and lubrication. It is also effective for reducing the size of the labia minor and labia majora," says Dr. Buckley. "Adult women of all ages love this treatment because it stimulates collagen naturally. No pills or creams and often achieves great results. Many patients have told us that following their ThermiVa

gynecology wasn't even around. It's only natural that in the same way women were interested in rejuvenation treatments for their face and breasts, they would want treatments that restore and rejuvenate their vagina.

treatment they experience less vaginal dryness, irritation and pain during intercourse. In fact, many women have called it 'life-changing'."

With a 91% "Worth It" rating, ThermiVa was rated one of 2019's "Most Worth It" nonsurgical procedures by RealSelf, a global online community that millions of people visit monthly to get information on cosmetic procedures. The rating is based on verified consumer reviews where consumers rate a procedure as "Worth It" or "Not Worth It" on RealSelf.com.

For some women, childbirth and/or aging have made intercourse uncomfortable or caused **urinary leakage**. For other women, sexual pleasure has always been elusive. There are many factors that contribute to why women are seeking cosmetic surgeons for vaginal rejuvenation treatments. With non-invasive treatments like ThermiVa, vaginal tightening, sexual pleasure, and bladder control can be restored or enhanced.

"ThermiVa helps with cosmetic appearance concerns in addition to urinary and sexual concerns. These are some of the reasons this treatment has become so popular and why women love it," says Dr. Buckley. "The more female sexuality and cosmetic procedures are discussed, the more women are learning which options are available to them to treat feminine sexual aging."

About MilfordMD Cosmetic Dermatology Surgery & Laser Center:

The MilfordMD Cosmetic Dermatology Surgery & Laser Center offers state-of-the-art highly specialized procedures in laser and cosmetic surgery and aesthetic skin care. In addition to its AAAHC nationally accredited surgical center and extensive laser surgery capabilities, MilfordMD offers physician designed skin care products for home use. Milford Pennsylvania's MilfordMD Cosmetic Dermatology Surgery & Laser Center is sought out by patients from around the world for expertise and innovation in cosmetic treatments performed by Board Certified Physicians, Richard E. Buckley, M.D. and Marina Buckley, M.D.

MilfordMD Cosmetic Dermatology Surgery & Laser Center is located at 303 W. Harford Street, Milford, PA 18337. Tel: (570) 491-1962. For real patient video testimonials, follow MilfordMD on **Instagram** and **Facebook**, and visit our **MilfordMD YouTube channel**.