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Cosmetic Surgeon Dr. Richard Buckley Puts a Cosmetic Spin on Platelet-Rich Plasma (PRP) Therapy's Potential for Hair Loss and Skin Rejuvenation

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Allure recently featured Platelet-Rich Plasma's (PRP's) intriguing and growing role as a therapy for men and women with hair loss. But Dr. Richard Buckley, Medical Director at MilfordMD Cosmetic Dermatology Surgery & Laser Center, in Milford, Penn., says PRP's rejuvenating power doesn't stop there. "Platelet-rich plasma therapy has been one of my goto treatments for not only hair loss but also facial rejuvenation," Dr. Buckley says. "In many cases, we'll use it as an adjuvant treatment, for example, along with other therapies that build hair volume in thinning hair, or with Botox and fillers for facial rejuvenation."

PRP therapy, which is used in many areas of medicine, including in orthopedics to treat musculoskeletal conditions and for wound healing, has in recent years made its mark in cosmetic medicine. The therapy involves drawing a patient's blood into a special tube which gets centrifuged and then the platelet-rich plasma is extracted. The plateletrich plasma can then be reinjected into the patient to address a variety of health and cosmetic concerns. Platelets are, in fact, now being classified as cells because of the wide variety of functions they perform directing repair of damage they find. "By using a patient's own growth factors, we can stimulate hair thickness and fullness, as well as trigger



Cosmetic surgeon, Richard Buckley, puts a cosmetic spin on Platelet-Rich Plasma for hair loss, by adjuvating it with facial rejuvenation, and surgical procedures, such as natural breast augmentation.

production of new skin cells and collagen formation to address facial wrinkling, volume loss and more." Dr. Buckley says.

For the Face and Body

A popular use for PRP is in combination with autologous fat transfer, which involves taking fat from an area of the body where it isn't wanted and injecting it as an autologous filler, where it is wanted. Dr. Buckley combines the fat, which contains stem cells, with the patient's plateletrich plasma to re-volumize and rejuvenate not only the face and neck, but also the décolletage, breasts, hands, buttocks and to treat scars. He says the combination results in a longer-lasting effect than with fat, alone. "And patients get the added benefit of collagen rebuilding over time," he says.

For Hair Loss

There are many options for hair loss, from topical and oral treatments to PRP and hair restoration with follicular unit transplantation. "Hair thinning and hair loss are huge concerns for not only men, but also women," Dr. Buckley says. "PRP is an excellent option for people who have hair loss, and can be used alone or in combination with other therapies. PRP can help the body in restoring and growing hair for just about anyone."

Once the patient's blood has been processed for injection, Dr. Buckley injects it meticulously into the scalp, in areas where the hair is thinning.

Platelet-rich plasma therapy has been one of my goto therapies for not only hair loss but also for other cosmetic procedures. In many cases, we'll use it in combination with Botox and filler treatments, as well as micro-needling and breast augmentation.

The procedure takes about 30 minutes and is done once a month for three or four months, with maintenance treatments a few times a year, he says. "There's minimal discomfort and no downtime, other than patients should avoid blow drying or processing their hair in the days following treatment," Dr. Buckley says. "Results happen over time. People who have had PRP treatment on their scalps usually first notice that they're losing less hair in their combs or in the shower. PRP continues to work by stimulating growth factors and stem cells that help to regrow and strengthen hair."

About MilfordMD Cosmetic Dermatology Surgery & Laser Center:

The MilfordMD Cosmetic Dermatology Surgery & Laser Center offers state-of-the-art highly specialized procedures in laser and cosmetic surgery and aesthetic skin care. In addition to its AAAHC accredited surgical center and extensive laser surgery capabilities, MilfordMD offers physician designed skin care products for home use. Milford Pennsylvania's MilfordMD Cosmetic Dermatology Surgery & Laser Center is sought out by patients from around the world for expertise and innovation in cosmetic treatments performed by Board Certified Physicians, Richard E. Buckley, M.D. and Marina Buckley, M.D.

MilfordMD Cosmetic Dermatology Surgery & Laser Center is located at 303 W. Harford Street, Milford, PA 18337. Tel: (800) 664-1528. For real patient video testimonials, visit our MilfordMD YouTube channel.

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