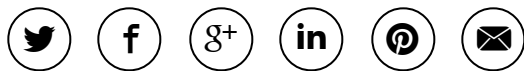


# Trending Body Shaping Halloween Costumes Celebrate Women's Curves, Which Cosmetic Surgeon Dr. Richard Buckley Says is His Aim with BodySculpting and Augmenting Procedures

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Halloween costumes that celebrate women's curves are all the rage. Cosmetic Surgeon Dr. Richard Buckley comments on how the trend in costumes to enhance the bust line, reduce and define the waistline and accentuate the backside can be achieved all year long by cosmetic surgery.

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There's a Halloween costume trend that cosmetic surgeon Dr. Richard Buckley says mimics a trend in cosmetic surgery: to celebrate (not hide) women's curves. "Cosmetic procedures for the body aren't meant to take away a woman's natural curves; rather, we remove fatty bulges and add volume in places to reveal a more ideal, natural and curvy shape," says Dr. Buckley, Medical Director of MilfordMD Cosmetic Dermatology Surgery & Laser Center, in Milford, Penn.

This year's Halloween costume trend seeks to enhance the bust line, reduce and define the waistline and accentuate the backside. Costumes might help with those goals for a day or evening, while cosmetic surgery can help women achieve those outcomes for the long-term. "Wearing a costume that forces things into place isn't always comfortable and can be dangerous," Dr. Buckley says. "**Procedures to sculpt** and augment body parts, combined with exercise and eating right, can give women long-lasting, natural results, which make them feel good about their shapes."

To enhance the bust line, there are breast lift and augmentation procedures from implant surgery to fat transfer. "Most women are



Halloween costumes that celebrate women's curves are all the rage. Cosmetic Surgeon Dr. Richard Buckley explains how the waist defining trend can be achieved all year long through cosmetic surgery.

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familiar with breast augmentation surgery with saline and silicone gel implants. Breast augmentation is a proven and popular procedure for enlarging the breasts, while the breast lift (sometimes done along with augmentation) revives breasts that sag with age or after breastfeeding,” Dr. Buckley says. Both are surgical procedures. “Another option and one that many women are not as familiar with is breast augmentation by fat transfer. In essence, we perform this procedure by removing fat from where a woman doesn’t want it and putting it where she does. And, for many women, breast reduction can be performed with [liposuction](#) using while-awake local tumescent anesthesia.”

Unlike surgery, which usually requires general anesthesia, fat transfer can often be performed with a local anesthetic. And there’s no need to use a scalpel or make an incision or use stitches because cosmetic surgeons use a small cannula for transferring the fat. Breast augmentation with fat transfer, however, is only an option for women who want to be a cup size or less larger with each treatment. Breast implants are the best options for women who want more than a cup size enlargement all at once, according to Dr. Buckley.

Options for defining the mid-section have blossomed in recent years with [fat-freezing CoolSculpting](#) technology, as well as radiofrequency skin tightening options, such as ThermiTight. “These are ideal minimally invasive and noninvasive body sculpting options for women who are near normal weight. They address pockets of fat and loose skin that take away from the natural curves of a more youthful body,” Dr. Buckley says. “There is little to no downtime associated with these. For women with more extensive fat to remove, we suggest laser liposuction, which can more dramatically define and flatten a woman’s abdomen.”

And to accentuate the backside, Dr. Buckley says the very fat that he removes from the waistline to make it smaller can be used to make the buttocks rounder and more youthful. Fat transfer into the buttocks, also known as a [Brazilian Butt Lift](#), is a procedure that allows Dr. Buckley to precisely and naturally rebuild and balance volume in the buttocks, without having to use general anesthesia or make incisions. Rather, he performs the procedure through a thin blunt-tipped cannula. “Women are pleased to learn we can reduce their waistlines and augment their backsides in one procedure,” Dr. Buckley says.

Exercise and proper diet are the staples of maintaining ideal body types, Dr. Buckley says. But for women who have what they see as imperfections that don’t respond to diet and exercise, there’s cosmetic surgery. “Today’s options make achieving a patient’s ideal body image possible, with little discomfort and downtime,” he says.

About [MilfordMD Cosmetic Dermatology Surgery & Laser Center](#):

The MilfordMD Cosmetic Dermatology Surgery & Laser Center offers state-of-the-art highly specialized procedures in laser and cosmetic surgery and aesthetic skin care. In addition to its AAAHC accredited surgical center and extensive laser surgery capabilities, MilfordMD offers physician designed skin care products for home use. Milford Pennsylvania’s MilfordMD Cosmetic Dermatology Surgery & Laser Center is sought out by patients from around the world for expertise and innovation in cosmetic treatments performed by Richard E. Buckley, M.D. and Marina Buckley, M.D.

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